

“Centering” In Whole Family Approach Concepts

Digging Underneath the Surface—
Understanding Racialized Trauma and
Opportunities for Bridging with
Families and Building Belonging (or
activating and resiliency)

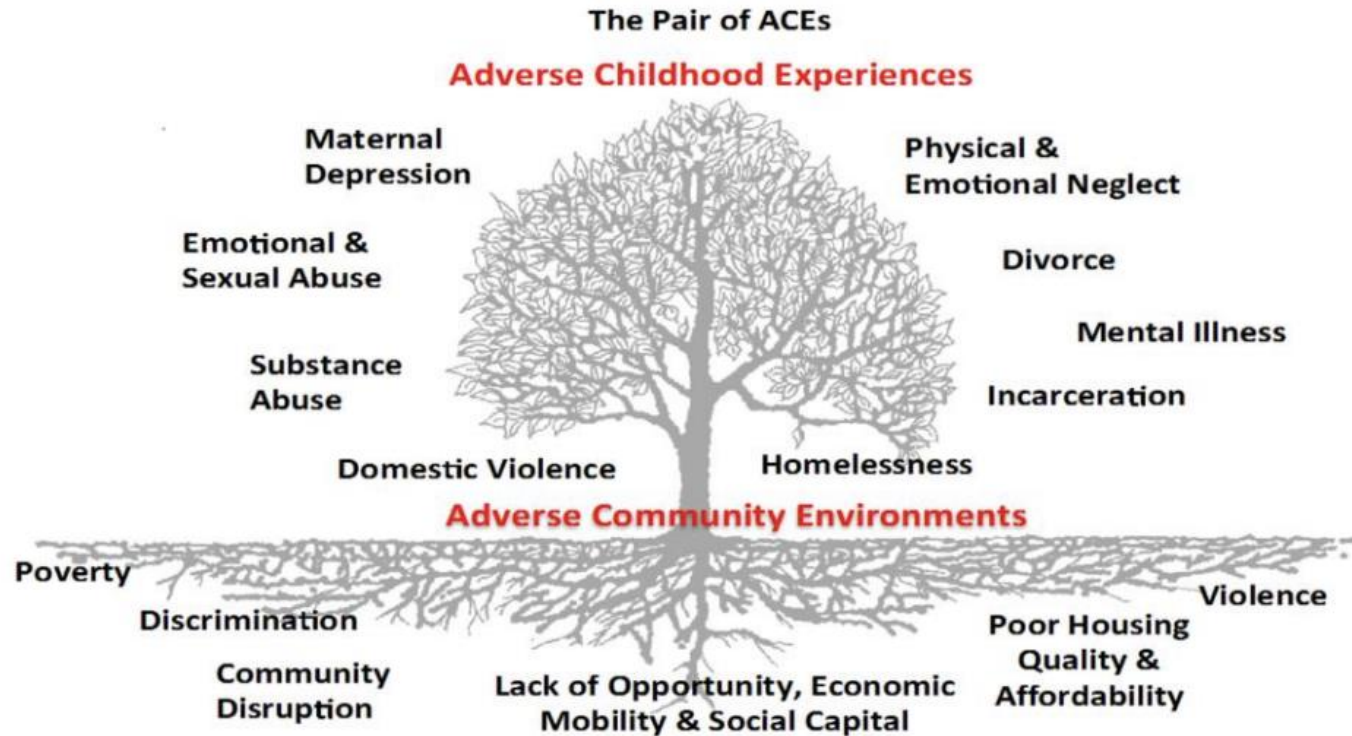
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A Whole Family Approach

- Builds the capacity of families because they have the potential to grow and change.
- Children thrive, when their families thrive.
- Creates a legacy of family well-being that passes from one generation to the next.
- Communities do better if everyone achieves their full potential.

Environments and Experiences



Ellis, W., Dietz, W. (2017) A New Framework for Addressing Adverse Childhood and Community Experiences: The Building Community Resilience (BCR) Model. *Academic Pediatrics*. 17 (2017) pp. S86-S93. DOI information: 10.1016/j.acap.2016.12.011

Building Community Resilience's Pair of ACEs

Trauma Informed Care

Trauma-informed care is a framework for human service delivery that is based on knowledge and understanding of how **trauma** affects people's lives, their service needs and service usage.

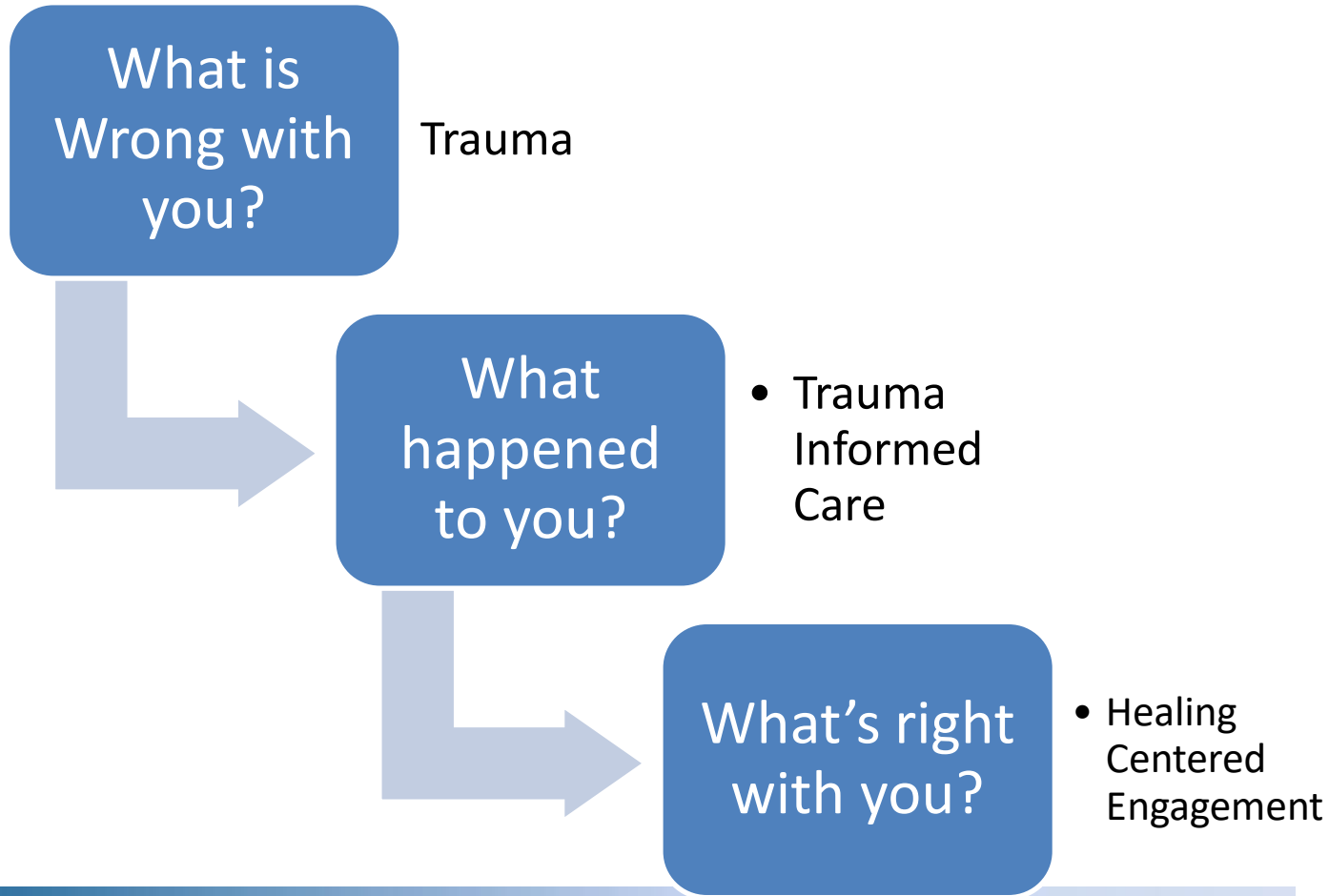
-SAMHSA definition

Healing Centered Engagement

“During one of our sessions, I explained the impact of stress and trauma on brain development and how trauma can influence emotional health. As I was explaining, one of the young men in the group named Marcus abruptly stopped me and said, “I am more than what happened to me, I’m not just my trauma”. I was puzzled at first, but it didn’t take me long to really contemplate what he was saying. The term “trauma informed care” didn’t encompass the totality of his experience and focused only on his harm, injury and trauma. For Marcus, the term “trauma informed care” was akin to saying, you are the worst thing that ever happened to you. For me, I realized the term slipped into the murky water of deficit based, rather than asset driven strategies to support young people who have been harmed. Without careful consideration of the terms we use, we can create blind spots in our efforts to support young people.”

Shawn Ginwright Ph.D

Healing Centered Engagement



Healing Centered Engagement

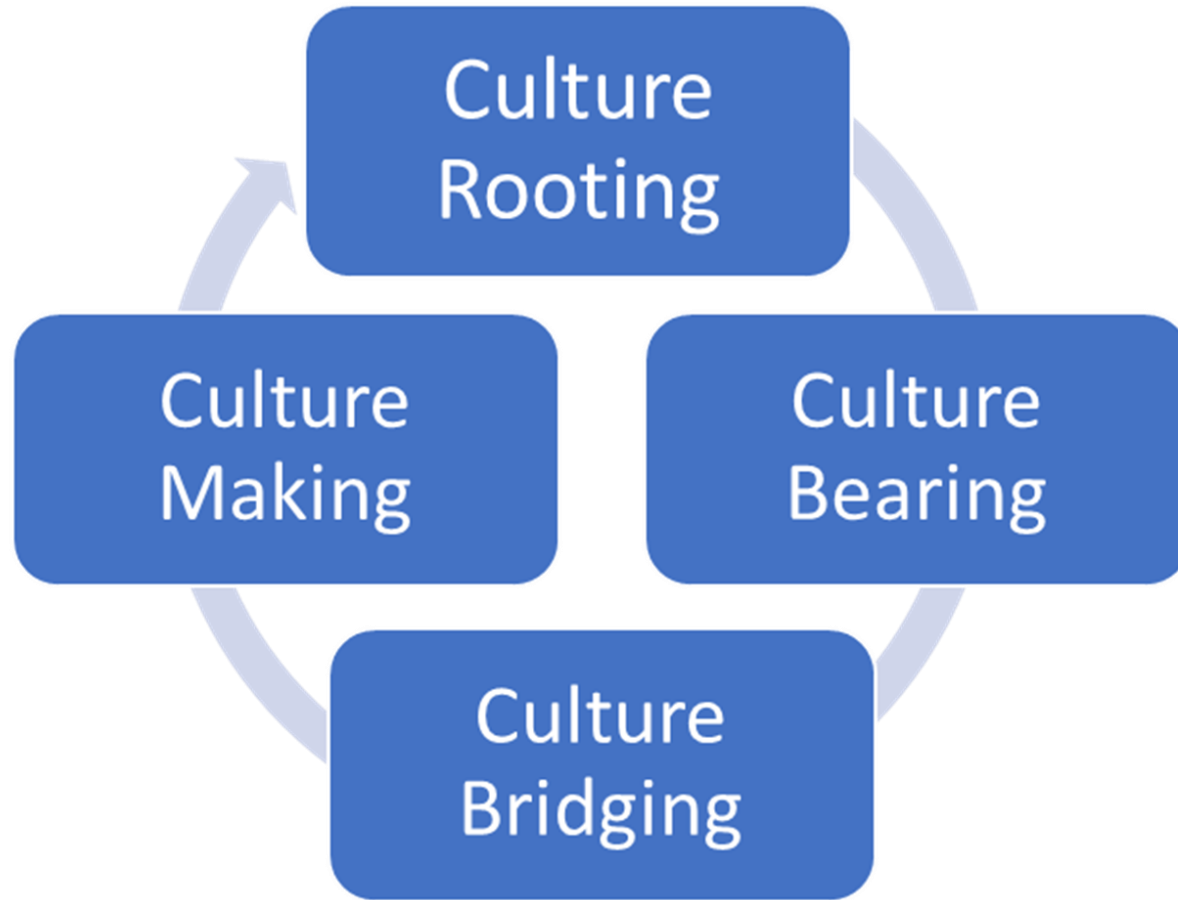
The healing centered approach is holistic involving culture, spirituality, civic action and collective healing. A healing-centered approach views trauma not simply as an individual isolated experience, but rather highlights the ways in which trauma and healing are experienced collectively . . . and re-centers culture as a central feature in well-being that affirm, humanize and reclaim dignity.

Shawn Ginwright Ph.D



We Are Our Cultural Suitcases

We Have Cultural Agency



Racial Equity

A condition whereby **ALL**
PEOPLE have access to a
thriving reality and belonging
regardless of race or culture.

Transformation



Equality

Equity

Liberation

Equity is the journey towards individual transformation measured by the outcomes AND the conditions that supports us being able to show up as our full selves – then fence is removed AND we feel like we belong!