



COMMUNITY ACTION:  
**A SOURCE OF  
STRENGTH**

---

**COMMUNITY ACTION PARTNERSHIP ANNUAL CONVENTION**  
**AUGUST 28-31, 2018**

**Move program  
participants from crisis  
intervention to  
prevention through  
comprehensive  
approaches.**

**Describe a crisis moment. A crisis moment is not a teaching moment.**

The background features abstract, overlapping geometric shapes in various shades of blue, ranging from light sky blue to deep navy blue. The shapes are primarily triangles and polygons, creating a dynamic, layered effect. The text is positioned on the left side of the image, set against a white background that is partially framed by the blue shapes.

High program  
participant expectation

Empowerment

Active Listening

Rapport Building

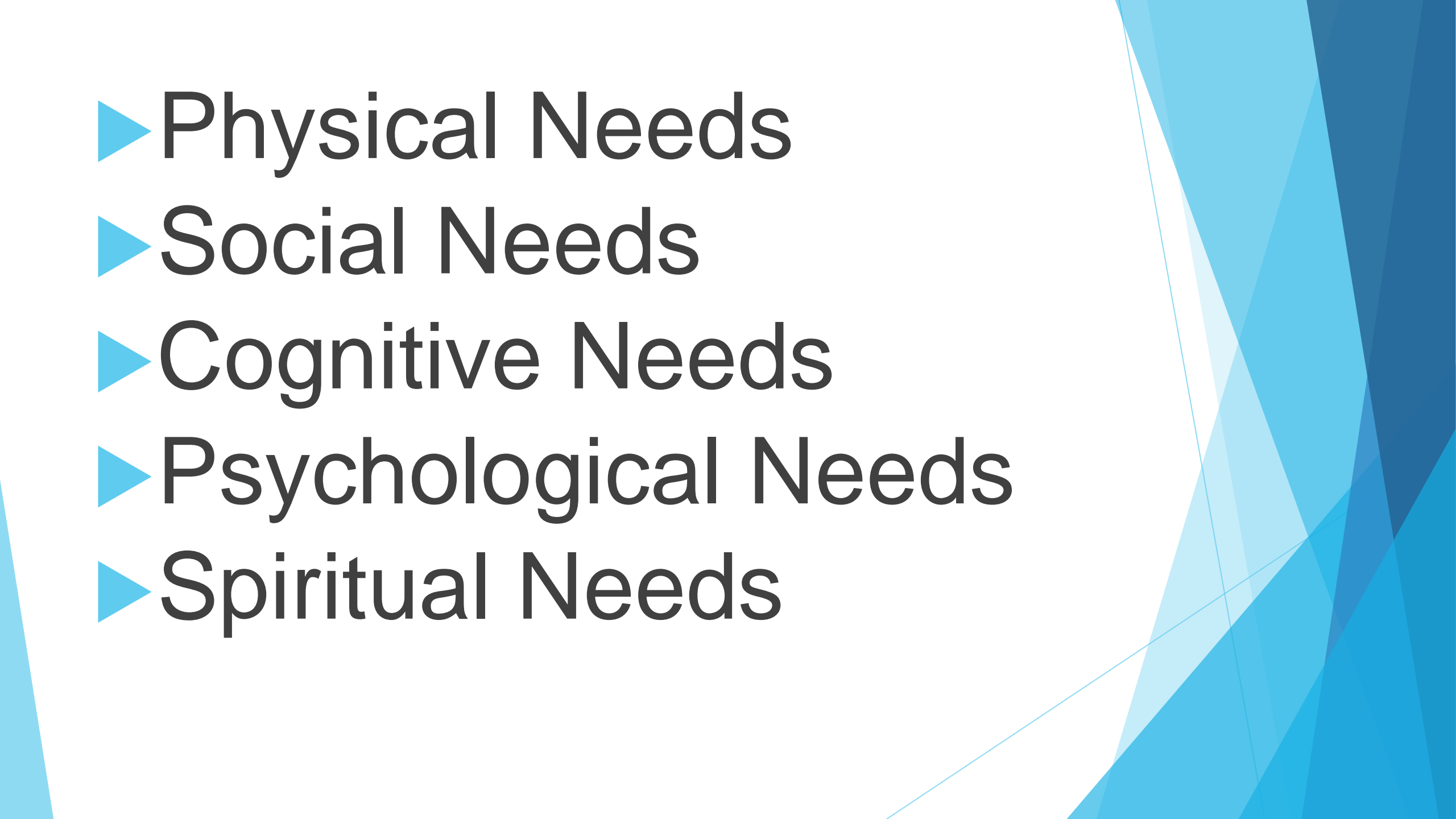
The background features abstract, overlapping geometric shapes in various shades of blue, ranging from light sky blue to deep navy blue. The shapes are primarily triangles and polygons, creating a dynamic, layered effect on the right side of the page.

Creating hope

Deserve to have a quality life. Deserve to have education, job, housing, be good parent and take control of their own life.

Do drug dealers  
have strengths.  
Sell most anything  
to anyone.

**We unconsciously  
seek people with  
similar backgrounds  
to, in some degree,  
recreate our own  
families.**

- 
- ▶ Physical Needs
  - ▶ Social Needs
  - ▶ Cognitive Needs
  - ▶ Psychological Needs
  - ▶ Spiritual Needs



Do you like  
yourself?

Do you love  
yourself?

What makes  
you happy?

The background features abstract, overlapping geometric shapes in various shades of blue, ranging from light sky blue to deep navy blue. The shapes are primarily triangles and polygons, creating a dynamic, layered effect on the right side of the frame, while the left side is mostly white.

***Your Strengths.  
Tell us about the  
things that are good!***

### **Good Spaces.**

As you think about the area you live in,  
what do you like about it?  
Think about your home, the area,  
open spaces and parks.  
What about where you live is  
safe and pleasing?

### **Positive Sexuality**

What are the things about your sexuality  
that you like?  
Think about such things as having a partner,  
safe sex, no diseases, pregnancy issues.

### **Children's schooling**

What do you like about your children's school?  
Think about activities, people, attendance,  
transport, friends.

Do You Like Yourself?  
Do You Love Yourself?

### **Strong relationships**

Who do you have relationships with that are  
pleasing to you? Who would you go to talk to  
when you needed to talk about something  
important?  
Who helps you out when you need it?

### **Drugs and Alcohol**

How do you and your family stay away from  
drugs that you feel are not helpful?  
What are the drugs that your family members are  
choosing to stay away from?  
What drugs are you choosing to use that are  
helpful?

### **Strong Spirituality**

Think about your values, sense of belonging,  
goals, religion, beliefs.  
What do you see as your strengths in this area?  
What resources are available to help you to  
express this part of your life?

### **Strong Body**

Think about your body and yourself. What do you  
like?  
Think about strength, endurance, agility,  
exercise, health, fitness, etc.

What  
makes  
you happy?

### **Your Home**

Think about the things in and around your home  
that you like.  
Think about safe household items.  
Think about appliances, furniture, decorations  
and other such things that make your home a  
good place to be.

### **Child Safety**

What are the things that make your child safe?  
What is there, what is not there that is  
dangerous? Think about the area you live in,  
home, streets, the food they eat, drugs and drink,  
safety from others.

### **Safe from Chemicals**

Are your children safe from chemicals such as  
petrol, fumes, lead-based paint, cleaners and  
poisons?  
How are they protected from them?

### **Moods as strengths**

Think about all your moods.  
Which moods do you have that are good and  
strong moods.  
Describe how well you handle moods which  
are not so good?

What Your Best  
Friend Means to  
You?

### **Appearance**

What do you like about your appearance?

### **Good Hygiene**

What are the things around you that are  
clean and free from germs? Think about  
smells, dust, children's toys etc.

### **Adult Safety**

How safe do you feel?  
What do you do to make sure that you and others  
around you are safe?  
Think about your own actions to help keep things  
safe.  
What about the actions of others?

### **Good Food**

Tell us what you do to make sure that you  
are well?  
Do you eat enough?  
What healthy foods do you eat?  
Do you need to learn more about healthy  
foods?

### **Good Choices**

What are the good  
choices you have made  
and your feelings about  
them.

**Compliment every  
positive movement  
forward.**

**Reinforce positive  
behavior.**

Measure the  
growth moments.

The outcomes.

**Solution Focused**

**Questions:**

**Miracle or Problem Solved**

**Exception to the Problem**

**Past Success**

**Scaling**









**Bob Swanson, RS Consulting**  
**robertcswanson@comcast.net**  
**www.realsolutionscreated.com**

**206-661-4207**

## Evaluations

The Partnership Wants Your Feedback!

Please be sure to complete  
the evaluation for this session  
online, via the **CAPCON18**  
**Event App.**

Thanks in Advance for your Cooperation!